

# **PRESS RELEASE**

February 4, 2010

San Jose, California

[Dr. Antonio Q. Chan, well-known cardiologist is now certified in Sleep Medicine by the American Board of Internal Medicine.](#)

Dr. Chan passed the recent November 2009 ABIM examination in Sleep Medicine. He became one of the two known cardiologists to date to be jointly certified in Cardiology and Sleep Medicine in the United States.

Dr. Chan is the founder and Chairman of Chanwell Clinic which built the nation first combined Cardiac Lab and Sleep Lab in Cupertino and San Jose, California in 2002. His patients come from other parts of the USA, and the Asia Pacific region.

Since 2003, Dr. Chan has published and presented about 23 scientific papers linking sleep disorders with serious heart disease and higher mortality risks. Yet sleep disorders are unrecognized by most physicians including cardiologists; thus patients remain at high risk for sudden cardiac death and reduce life expectancy.

Dr. Antonio Q. Chan was an honored guest at the 1<sup>st</sup> International Congress of Cardiology in Shanghai, China last December 2009 where he was a Session Chair on Sleep Apnea, Pulmonary Hypertension and Heart Disease.

He lectured on Cardiovascular Consequences of Obstructive Sleep Apnea (OSA) and presented a new algorithm of a modern Cardiology Clinic incorporating Sleep Medicine under one roof. Dr. Chan envisions that the modern cardiologist must incorporate knowledge of sleep medicine to be an effective physician.

Two years ago Dr. Chan presented his research findings in France (Cardiostim 2008) and Beijing, China (Great Wall Congress of Cardiology) where he showed that about 98% of patients suffering from various heart disease have underlying OSA that for the most part is not recognized by

physicians; thus contribute to *worsening hypertension, diabetes, heart attack, heart failure, arrhythmias, dementia, kidney failure and stroke.*

Dr. Chan is Adjunct Clinical Professor of Medicine, Cardiovascular Medicine, Stanford University School of Medicine since 1993. He has two clinics located at:

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